

**DIRECTIONS TO ARC ESSEX  
123 Naylon Avenue  
Livingston, NJ 07039  
(973) 535-1181**

**FROM THE GARDEN STATE PARKWAY OR NEW JERSEY PARKWAY**

**Take exit #145 off the parkway or exit #15 West off the turnpike and follow Route #280 to exit 4A (Eisenhower Parkway South). At the third traffic light on Eisenhower Parkway, make a right turn onto Dorsa Avenue. Make first left onto Naylon Place and go to end. The ARC office is on the right.**

**FROM INTERSTATE #287**

**Exit for Route #10 East. Take Route #10 approximately 10 miles to the Livingston traffic circle. Make a U-turn and then make an immediate right onto Eisenhower Parkway North. Exit at the second traffic (Dorsa Avenue exit) just before light. Cross over Eisenhower Parkway. Follow directions above.**

**FROM INTERSTATE #280:**

**Traveling East on 280, exit at 4A (Eisenhower Parkway South). Traveling West on 280, exit at Exit 4A, (Eisenhower Parkway South). At the third traffic light on Eisenhower Parkway, make a right turn into Dorsa Avenue. Make first left onto Naylon Place and go to end. The ARC office is on the right.**