



Continuing Education Information

Event Title: Basic Positive Behavior Support For Individuals with Intellectual or Developmental Disabilities

Course description:

This two-day training will introduce the fundamental principles of positive behavior support to help care providers gain an understanding of the origins of problem behavior. Day One will include an overview of essential elements of behavior support, an introduction to functional assessment, the influence of mental health on behavior, and development of practical support strategies. Day Two will focus on developing effective interventions for individuals who present with challenging behaviors in community settings. We will introduce the language and tools for support planning, and engage participants in beginning to apply these resources with people they support.

Target Audience: Social Workers, Clinicians, Behavior Specialists, and Case Managers

Level of Course Information:

Beginner Intermediate Advanced

Relevance to social work:

Social workers are employed in the human services and disabilities fields as behavior specialists, clinicians, case managers, and other titles. In these roles, social workers are responsible for assessing, designing, and implementing behavior support and treatment plans for people with developmental disabilities and/or mental illness.

Trainer (s):

Daniel Baker, Ph.D., Philip Smith, Ph.D., Melissa Cheplic, MPH
Bret Li-Vaks, MBA, Joyce Jelley, BA

Number of clock hours requested minus lunch and breaks: 10

Timed Outline: Day 1

9:30am	Introduction to PBS Identifying the Functional nature of Problem Behavior Overview of proactive strategies to support positive behavior Levels of intervention Basic approaches to support individuals Adapting strategies based on disability and/or mental health concerns
12:00	Lunch
1:00 pm	Individual approaches to persistent problem behavior Functional behavior assessment strategies Observation and Data Collection Developing Summary Statements Introduction to application of findings to developing support plans
3:30	Adjourn

Timed Outline: Day 2

9:30	Welcome Things One Needs to Know to Write A Behavior Support Plan Working as a team to construct intervention plans Summarizing Functional Assessments of Behavior Components of a Behavior Support Plan and Proper Tone for a Plan Proactive strategies – Preventing problem behavior
12:00	Lunch
1:00	Strategically managing the incidents that do occur Teaching new skills and developing behavior alternatives Establishing the new skills as part of the person's routine
3:30	Evaluations, Certificates, Adjourn

Goals and Objectives

Goal: To raise awareness of reasons for increased likelihood of problem behavior among persons with Intellectual or Developmental Disabilities and to build attendee skills regarding the assessment of these behaviors and intervention uses a Positive Behavior Support model. Also to teach attendees how to use information derived from behavior observation and functional assessment to design a Positive Behavior Support and intervention plan.

Objectives

- 1: Participants will be able to identify behavioral, mental health, and person-centered approaches to understanding problem behavior.
- 2: Participants will be able to outline a model of problem behavior based on Functional Assessment interview strategies.
- 3: Participants will be able to discuss the importance of creating effective environments and teaching individuals new skills and behaviors that help them meet the functional needs identified in the Functional Behavior Assessment in more socially appropriate ways.