



Continuing Education Information

Event Title: Applied Strategies for Implementing Positive Behavior Support with Individuals who have Intellectual or Developmental Disabilities

Course description:

In many cases, people who engage in persistent patterns of problem behaviors often demonstrate complex behaviors that are difficult to understand. This two day training will assist staff members who attend in learning the strategies necessary to systematically assess these behaviors in order to understand the underlying function or motivation, and then use this information to develop effective support and intervention plans.

Target Audience: Social Workers, Clinicians, Behavior Specialists, and Case Managers

Level of Course Information:

Beginner Intermediate Advanced

Relevance to social work:

Social workers are employed in the human services and disabilities fields as behavior specialists, clinicians, case managers, and other titles. In these roles, social workers are responsible for assessing, designing, and implementing behavior support and treatment plans for people with developmental disabilities and/or mental illness.

Trainer (s):

Dan Baker, Ph.D., Philip Smith, Ph.D., Melissa Cheplic, MPH, Bret Li-Vaks, Joyce Jelley

Number of clock hours requested minus lunch and breaks: 10

Timed Outline: Day 1

9:30am	Introduction to PBS Review of Positive Behavior Support “basic” principles Outline the elements of a FBA Introduce tools to gather data for FBA Workshop activities to practice using FBA tools
12:00	Lunch
1:00 pm	Analyzing assessment findings to identify critical information Developing summary statements Using the summary statement as a behavioral hypothesis Testing behavior hypotheses to confirm the function of a behavior
3:30pm	Adjourn

Timed Outline: Day 2

9:30am	Introduction to PBS Using FBA findings as a basis for intervention and support planning In-depth discussion of strategies to prevent problem behavior Brainstorming exercises to develop effective prevention strategies Discussion of intervention strategies to work with problem behavior that could not be prevented Workshop activities to develop effective intervention strategies based on FBA findings
12:00	Lunch

1:00 pm	Principles for identifying alternative behaviors and new skills that could Take the place of problem behaviors Brainstorming exercises to develop alternative behaviors and new skill sets Teaching techniques to establish new skills Brainstorming exercises to develop teaching plans Support strategies to facilitate use of new skills and behaviors to actually replace the problem behaviors
3:30pm	Evaluations, Certificates, and Comments

Goals and Objectives

Goal: To develop participant's awareness of the nature of Functional Behavior Assessment and familiarize them with using a variety of tools to collect data, analyze observations, develop, and confirm a hypothesis regarding the function of a specific problem behavior among persons with Intellectual or Developmental Disabilities.

Objective

1: Participants will be able to identify the basic information that is needed to complete a Functional Behavior Assessment.

2: Participants will be able to use a variety of strategies to identify the function of problem behavior and summarize the findings using a table.

3: Participants will be able to develop function based strategies to respond effectively to problem behavior.