



Continuing Education Information

Event Title: Mental Health Supports for Individuals with Intellectual or Developmental Disabilities (IDD)

Course Description:

This one-day workshop will review the relationship between mental health and/or mental illness, and problem behavior. We will look at ways that mental illness may contribute to problem behavior, strategies to support individuals with developmental disabilities and mental illnesses, and coordinating behavior intervention with therapeutic supports.

Target Audience: Social Workers, Clinicians, Behavior Specialists, and Case Managers

Level of Course Information:

Beginner Intermediate Advanced

Relevance to social work:

Social workers are employed in the human services and disabilities fields as behavior specialists, clinicians, case managers, and other titles. In these roles, social workers are responsible for assessing, designing, and implementing behavior support and treatment plans for people with developmental disabilities and/or mental illness.

Trainer (s): Dan Baker, Ph.D., Philip Smith, Ph.D., Melissa Cheplic, MPH, Bret Li-Vaks, M.B.A., Joyce Jelley, B.A.

Number of clock hours requested minus lunch and breaks: 5

Timed Outline:

9:30. Introduction to Mental Health and Developmental Disabilities
10:00. Rates of mental illness among persons with IDD
10:30. Identification of mental illness
11:00. How mental illness can contribute to problem behavior
11:30. Including mental illness in a Functional Assessment of Problem Behavior
12:00. Lunch
1:00. Strategies for mental health supports
2:00. Therapeutic Intervention Strategies
3:00. Positive Psychology
3:30. Conclusion

Afternoon breaks are at the participants discretion

Course Goal:

To raise awareness of the relationship between mental illness and problem behavior among persons with intellectual or developmental disabilities.

Course Objectives:

- 1) Participants will be able to identify the kinds of mental illness common among persons with IDD.
- 2) Participants will be able to identify a variety of ways in which mental illness may contribute to problem behavior.
- 3) Participants will be able to identify strategies to integrate mental health supports with other approaches to behavior intervention.