



Developmental Disabilities Lecture Series Fall 2009

Title: Mental Health Needs in People with Developmental Disabilities

Presenter: Anne Hurley, Ph.D.
Professor, Tufts University School of Medicine
Wellesley, MA

Date: Friday, October 2, 2009

Target Audience: Case Managers Social Workers
 Healthcare Providers Educators
 Vocational Rehabilitation Counselors

Level of Course Information:

Beginner Intermediate Advanced

Session Description:

Individuals with developmental disabilities experience the full range of psychiatric disorders seen in the general population. However, they often have significant limitations in verbally communicating their coping difficulties to families, support staff, and mental health professionals. As a result, this population is often undiagnosed and untreated for mental health problems. It is essential that those working with individuals with developmental disabilities are able to recognize mental health conditions and arrange for appropriate treatment supports. In this presentation, Dr. Hurley will discuss assessment, symptoms, treatment, and daily support interventions for depression, anxiety, and psychotic disorders in people with developmental disabilities.

Relevance to social work:

The audience for the series is primarily comprised of staff from the NJ Department of Human Services, Division of Developmental Disabilities, and community provider organizations. Social workers are employed by the State of NJ, community organizations, and school districts in various roles, such as case managers, guardians, school social workers, administrators, and policymakers.

Goal: To increase participants' knowledge about mental health needs and learn to plan appropriate support services for people with developmental disabilities.

Objectives:

1. Participants will be able to describe symptoms of depression, anxiety, bipolar disorder, and psychotic disorders in people with developmental disabilities
2. Participants will be able to describe treatment and daily support interventions for depression, anxiety, and psychotic disorders
3. Participants will be able to describe the typical treatment plans offered including medications, cognitive-behavioral psychotherapy, and environmental interventions

Timed Outline

9:30 Introduction
9:40 Overview of challenges in recognizing mental health needs in people with developmental disabilities
10:00 Assessment of mental health needs; Major mental health problems in people with developmental disabilities, bipolar disorder, psychotic disorders, and attention-deficit hyperactivity disorder
10:45 Break
11:00 Treatment approaches to mental health problems, including family and staff supports
12:15 Questions and answers
12:30 End of session



Developmental Disabilities Lecture Series Fall 2009

Title: Employment and the New World

Presenter: Karen Flippo, M.A.

Training Manager

Institute for Community Inclusion, University of Massachusetts Boston
Boston, MA

Date: Friday, October 16, 2009

Target Audience: Case Managers Social Workers
 Healthcare Providers Educators
 Vocational Rehabilitation Counselors

Level of Course Information:

Beginner Intermediate Advanced

Session Description:

It's not possible to accurately predict the picture of employment over the next year and this is particularly true regarding employment for people with disabilities. The economic sands are shifting and employers are reinventing their products and services, seeking to maintain relevance and a competitive edge. When we emerge from the recession, the world of work will be profoundly different. The presenter will take us on a journey of possibilities, opportunities, and challenges; and explain why there is no time like the present to charge forward with our employment policies, services, and supports. Economic trends and actions that can be taken immediately to positively impact employment of people with developmental disabilities will be discussed.

Relevance to social work: The audience for the series is primarily comprised of staff from the NJ Department of Human Services, Division of Developmental Disabilities, and community provider organizations. Social workers are employed by the State of NJ, community organizations, and school districts in various roles, such as case managers, guardians, school social workers, administrators, and policymakers.

Goal: To increase participants' knowledge on employment and people with disabilities.

Objectives:

1. Participants will be able to discuss the economic trends in the state
2. Participants will be able to discuss the actions that can be taken immediately to positively impact employment of people with developmental disabilities
3. Participants will be able to discuss how to incorporate demand side economics with consumer choice and control

Timed Outline

9:30 Introduction
9:40 The current picture of employment in New Jersey including that of people with disabilities and ideas for action
10:45 Break
11:00 Examples of activities that can contribute to increasing employment of people with developmental disabilities
11:40 The employment challenge
12:15 Questions and answers
12:30 End of session



Developmental Disabilities Lecture Series Fall 2009

Title: Sharing Lives that Matter

Presenter: Jeffrey Strully, M.A.
Executive Director
Jay Nolan Community Services, Inc.
Mission Hills, CA

Date: Friday, October 30, 2009

Target Audience: Case Managers Social Workers
 Healthcare Providers Educators
 Vocational Rehabilitation Counselors

Level of Course Information:

Beginner Intermediate Advanced

Session Description: Life sharing allows people with and without disabilities to share their lives with one another, become integral members of the community, develop positive relationships and friendships, and become true citizens. It has been Jay Nolan Community Services' experience that community members are interested in sharing their lives with people with Autism Spectrum Disorders and other developmental disabilities in a variety of roles including life-sharing, housemate, friend, and service provider. This presentation will discuss lessons learned and provide strategies for supporting people in life sharing arrangements including recruitment, retention, and financing.

Relevance to social work: The audience for the series is primarily comprised of staff from the NJ Department of Human Services, Division of Developmental Disabilities, and community provider organizations. Social workers are employed by the State of NJ, community organizations, and school districts in various roles, such as case managers, guardians, school social workers, administrators, and policymakers.

Goal: To increase participants' knowledge about how all people with Autism Spectrum Disorders and other developmental disabilities can live valued lives in the community through life sharing.

Objectives:

1. Participants will be able to describe life sharing
2. Participants will be able to discuss specific strategies for supporting people in life sharing arrangements
3. Participants will be able to develop strategies for supporting people in life sharing arrangements

Timed Outline

- 9:30 Introduction
- 9:40 Creating Desirable Futures: Overview and Foundation and supporting people with Autism Spectrum Disorders and other developmental disabilities to live valued lives in the community through Life Sharing
- 10:45 Break
- 11:00 Life Sharing experiences at Jay Nolan Community Services; Lessons learned; Strategies for supporting people in Life Sharing arrangements
- 12:15 Questions and answers
- 12:30 End of session



Developmental Disabilities Lecture Series Fall 2009

Title: **Lives of Distinction: Keys to Co-creating Community Membership and Contribution in the Lives of People with Disabilities**

Presenter: **Beth Mount, Ph.D.**
President
Graphics Futures and Capacity Works
New York, NY

Date: **Tuesday, November 17, 2009**

Target Audience: Case Managers Social Workers
 Healthcare Providers Educators
 Vocational Rehabilitation Counselors

Level of Course Information:

Beginner Intermediate Advanced

Session Description: Lives of Distinction puts forth the vision that every person with a disability has a distinctive contribution to make to the world. This session explores the critical investments of agency management that empower Direct Support Professionals (DSPs) to be co-generators of possibilities for engagement and contribution to community life in partnership with people with disabilities. Dr. Mount will share the inspiring ways that DSPs are making a difference in the lives of people with disabilities, bringing meaning, dignity, and honor to the work and the people involved.

Relevance to social work: The audience for the series is primarily comprised of staff from the NJ Department of Human Services, Division of Developmental Disabilities, and community provider organizations. Social workers are employed by the State of NJ, community organizations, and school districts in various roles, such as case managers, guardians, school social workers, administrators, and policymakers.

Goal: To increase participants' knowledge on how to inspire direct support and other staff to establish valued roles via community membership on behalf of people with disabilities

Objectives:

1. Participants will be able to discuss the basic values of person-centered work, community inclusion, and individualized supports
2. Participants will be able to identify the trends in community inclusion that lead to "Lives of Distinction" for people with disabilities reflected by eight valued social roles
3. Participants will be able to discuss how to change organizational culture and investments to support direct support staff in their efforts to bring dreams to life

Timed Outline

9:30 Introduction
9:40 Background and vision for Lives of Distinction: Overview of basic values; Accomplishments, Assumptions, and Commitments; The power of discovering capacity
10:45 Break
11:00 Organizational implications related to creating lives of distinction: Eight organizational investments; Participant practice in the design of Lives of Distinction; learning circle
12:15 Questions and answers
12:30 End of session